

**ALAÏA CAMPS HERBST / FRÜHLING / SOMMER - PROGRAMM ACTION CAMPS**

ALAÏA CAMPS HERBST / FRÜHLING / SOMMER - PROGRAMM ACTION CAMPS							
	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	
08:30	"Ride Only" Willkommen						
09:00	Warm-up	Gruppenfoto & Warm-up	Option 1A: Surf Session Alaia Bay Option 1B: Session skydiving Realflv Option 2 : Free Session @Alaïa Chalet	Warm-up	Outdoor Aktivität Schwimmbad - Klettern - Tie Dye - Minigolf - Free Session Transfer Outdoor Aktivität- Alaïa Chalet	Warm-up	
09:30	Explore & Basics Alaia Chalet Skate - Scooter - Trampolin	Progression Alaïa Chalet Skate - Scooter - Trampolin		GoPro filming Skate - Scooter - Trampolin		Vorbereitung Demo Ende des Camps	
				GoPro editing			Demo zum Ende des Camps
							Diplomübergabe
12:00	Mittagessen	Mittagessen	Mittagessen Alaïa Bay	Mittagessen	Mittagessen		
13:00	Workshop check-up & pimp material Warm-up	Pro-Riders-Konferenz Warm-up		Kahoot Quiz	Demo-Ideen zum Ende des Camps & Warm-up		
	Explore & Basics Alaïa Chalet Skate - Scooter - Trampolin	Videocoaching Skate - Scooter - Trampoline		Option 1A: Surf Session Alaia Bay Option 1B: Session skydiving Realfly	GoPro filming GoPro Editing Scooter - Trampolin		
			Option 2 : Free Session @Alaïa Chalet	GoPro Editing & Vorbereitung Demo Ende des Camps			
			Transfer -->Alaia Chalet				
16:30	Snack	Snack	Snack	Snack	Snack		
17:00	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaia Chalet	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaia Chalet	Action Sports Free Session Alaïa Chalet		