



Checklist Ride & Sleep - Alaïa Camps

Make sur you have filled in all the information on the registration form in case of modification after confirmation, please contact Alaïa directly so that we can make the necessary changes to your file.

To help you prepare your week of camp and not forget anything, here is a list of things we advise you to take.

Belongs to bring

- Underwear & Socks
- T-shirts & pullovers
- Trousers
- Sport clothes & Baskets
- Warm jacket
- K-Way / Rain gear
- Sunglasses
- Sunscreen & Cap
- Backpack
- Pocket money
- Pyjama & Slippers/Indoor Shoes
- Toothbrush & toothpaste
- Shower gel & shampoo *
- Hairbrush or comb
- Phone charger
- Padlock for lockers (Alaïa Lodge)
- Your favorite game

* Included at *Alaïa Lodge*, Crans Montana (as well as sheets and towels)

ACTION CAMP :

- Your personal skateboard, scooter, BMX, rollerblades...
- Personal protections & helmets
- Personal anti-slip socks
- Swimsuit & towel for Alaïa Bay
- Closed and tight shoes for Realfly

Included in the Action Camp :

- *Skate, Scooter, BMX, Parkboard... (Alaïa Chalet)*
- *Protections & Helmets (Alaïa Chalet)*
- *Anti-slip Socks (Alaïa Chalet)*

SNOW CAMP :

- Your skis or Snowboard freestyle
- Your helmet and ski poles (if needed)
- Your ski clothes, hat, gloves, scarf/buff, mask, ski socks
- Your personal skate, scooter, BMX, rollerblades...

Included in the Snow Camp :

- *Skate, Scooter, BMX, Parkboard... (Alaïa Chalet)*
- *Protections & Helmets (Alaïa Chalet)*
- *Anti-slip socks (Alaïa Chalet)*

DISCOVERY CAMP :

- Your personal skate, scooter, BMX, rollerblades...
- Sport sneakers for Mountain bike
- Swimsuit & towel for Alaïa Bay
- Closed and tight shoes for Realfly

Included in the Mountain Camp :

- *Mountain bike and DH bike, bike protection*
- *Canyoning equipment*
- *Climbing equipment (harness, shoes)*
- *Skate, Scooter, BMX, Parkboard... (Alaïa Chalet)*
- *Protective gear & Helmet (Alaïa Chalet)*
- *Anti-slip socks (Alaïa Chalet)*

SURF CAMP :

- Your personal skate, scooter, BMX, rollerblades...
- Swimsuit & Towel for Alaïa Bay
- Sport sneakers
- Warm and dry clothes on the boat of Alaïa Wakesurf (summer)

Included in the Surf Camp :

- *Surf Board, SUP's (Alaïa Bay)*
- *Wetsuit & Surf equipment (Alaïa Bay)*
- *Skate, Scooter, BMX, Parkboard... (Alaïa Chalet)*
- *Protective gear & Helmet (Alaïa Chalet)*
- *Anti-slip socks (Alaïa Chalet)*

